

QUESTIONS TO ASK YOUR DOCTOR:

OSTEOARTHRITIS

If you just learned you have osteoarthritis (OA), you probably have many questions. Use these samples to get started talking with your doctor. You can jot other ones down on the back of this guide.

You'll have limited time with your doctor. Mark the most important questions to you with a star so you can ask those first. You can ask a nurse or someone else in the doctor's office other questions.



THE DISEASE



How is OA different from other types of arthritis?

What's the prognosis for my OA? What should I expect in the future?

What other problems may come up because of my disease?

TREATMENT



What treatment do you think is best right now?

How long before this treatment starts working?

Can we slow or stop the progression of my OA?

CARE



Will my insurance cover this treatment plan?

Who else should I have on my health-care team?

Will physical or occupational therapy help me function better?

COPING



Aren't I too young for arthritis?

Do I have to give up dancing/sports/knitting?

What can I do to ease my pain along with the medicine you prescribed?